

# SCHENECTADY ATHLETICS

## Recent Health Update

- If your sports packet is handed in more than 30 days from the first practice of your season, you must turn this form in to be cleared.
- This paper cannot be dated and accepted before 30 days from the start of your sports first practice.
- All paperwork is due to the Schenectady High School Athletic Office or your coach no later than 1 week prior to the start of your season.

School \_\_\_\_\_ Grade this Fall \_\_\_\_\_

Sport \_\_\_\_\_ Level \_\_\_\_\_ Male  Female

My son/daughter \_\_\_\_\_  
(Student's Name)

HAS NOT  had any changes in his/her health since their last physical either with their own doctor or the school district's physician.

Has  (please provide a brief explanation)

\_\_\_\_\_  
\_\_\_\_\_

If submitting a physical by your own doctor  
please attach to this form.

### **PLEASE UPDATE THE FOLLOWING CONTACT INFORMATION**

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Address \_\_\_\_\_

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_