

SCHENECTADY YOUTH WRESTLING



Open to any 1st – 6th grader
For students in Schenectady City Schools
Cost is FREE!



Schenectady Youth Wrestling is a great introductory program into the sport of wrestling. The goal of the Schenectady Youth Wrestling Program is to develop: an understanding of the basics of wrestling, respect for all participants, learning in the classroom, and an introduction to the sport of wrestling. Our hope is that many kids will get excited about wrestling and become a part of a growing tradition in the Schenectady Wrestling Program through Youth, Modified, JV, and Varsity levels. We will practice twice a week - **Mondays & Thursdays 6:00-8:00pm** - at the Schenectady High wrestling room (back of main gym, northeast corner).

Practice times:

1st - 3rd grade : 6:00-6:55pm

4th - 6th grade : 7:00-8:00pm

Registration & Info Night – Wednesday December 7th 2016 @ 6:15pm (SHS cafeteria)

Practice begins Monday December 12th 2016. (Season runs until March 30th, 2017)

There will be opportunities for all wrestlers to participate in a variety of local youth wrestling tournaments in January, February, March and April. Competing in these tournaments is not required but we do encourage all kids to try at least one of the tournaments (additional registration costs for each tournament).

Questions or inquiries:

Coach Languish - 518-248-6176 : languishc@schenectady.k12.ny.us

REGISTRATION

Youth's Name: _____

Parent/Guardian Name(s): _____

Address: _____ Zip: _____

Primary Phone: _____

Alternative Phone: _____

Email: _____ @ _____

Emergency Contact: _____

Phone: _____

Youth's School: _____ Grade: _____

Date of Birth: _____ Age: _____

Any wrestling experience? Yes / No If Yes, how many years _____

I _____ understand and agree that the Schenectady City School District will not be held accountable for any injury sustained to my child. I also agree that I will not sue the district in the event that my child does sustain an injury. I am responsible for getting my child to and from practices and will pick my child up in the wrestling room.

Parent/Guardian Signature

Date